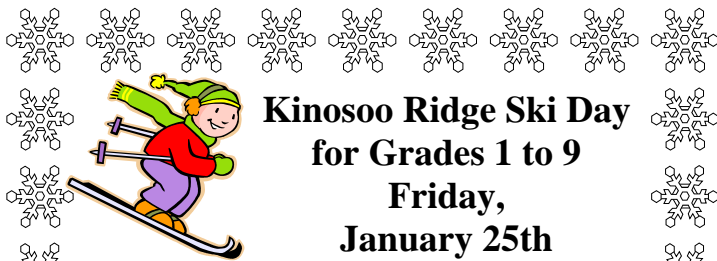


January 15, 2019

# The EXPRESS

Proud to be part of Northern Lights Public Schools - [www.nlpsab.ca](http://www.nlpsab.ca)



## Kinosoo Ridge Ski Day for Grades 1 to 9 Friday, January 25th

*Remember to dress appropriately  
for a day filled with skiing or snow-  
boarding!*

Gr. 1-3 students will be returning  
in time to ride the regular bus  
home, and the Gr. 4-9 students  
will return to school by 5:30 p.m.  
to be picked up.

**HOWEVER**, if your older child  
(Gr. 4-9) needs to ride the bus  
home, **PLEASE SEND A NOTE  
WITH YOUR CHILD AND/OR  
LEAVE A MESSAGE ON THE  
SCHOOL ANSWERING MA-  
CHINE** (before 8:30 a.m. prior to  
going to the ski hill). Thank you!



## Kinosoo Ridge Ski Day for Grades 1 to 9

Friday, January 25th.  
(Weather permitting)

Payment is due on SchoolCash  
Online TUE. or with the form Wed.

**Permission forms MUST be  
returned by WEDNESDAY, Jan. 16**



## Appreciate a Dragon Day Wed., Jan. 16

Appreciate a Dragon Day was started in 2004  
by Donita K. Paul (author of *DragonSpell*). We  
encourage students to:

- ⇒ tell a fellow Dragon what they appreciate  
about them
- ⇒ Read a book about a Dragon (earn some AR  
points at the same time!)
- ⇒ Wear IRS Dragon clothing or school colours.



Find us on  
**Facebook**



Like our  
Facebook  
page and

get more pictures, updates and reminders!

Pay Hot Lunch & Milk Orders Online at <https://nlpsd.schoolcashonline.com> (or send a detailed note with payment)  
School Cash Online **orders must be completed by 9:59 p.m.** on the due date.



### Mac & Cheese with carrots & cucumbers

- Hot Lunch Date Thu., January 17

### Burger with mixed salad (Ranch or Italian)

- Orders DUE Wed., Jan. 23rd

- Cost: Regular \$4.50 / Cheeseburger \$5

- Hot Lunch Date Thu., January 31

### Fried Chicken with white rice and veggies

- Orders DUE TUE., Feb. 12th

- Cost: 1 piece chicken \$3 or 2 pieces \$5

- Hot Lunch Date Thu., February 21



### Feb. Milk Order ~ DUE Tue., Jan. 29

White: \$18.40 or Chocolate: \$19.20

### Mar. Milk Order ~ DUE Tue., Feb. 26

White: \$20.70 or Chocolate: \$21.60

### April Milk Order ~ DUE Tue., Mar. 26

White: \$18.40 or Chocolate: \$19.20

With enthusiasm and support we challenge learners to achieve their highest potential  
and develop into responsible and caring citizens.

**- Mission Statement**



School Phone: 780-826-5617

School Fax: 780-826-7503

Email: [ironriver@nlpsd.ab.ca](mailto:ironriver@nlpsd.ab.ca)

Principal: K. Draycott

Secretary: D. MacGillivray

Librarian: L. Procinsky (Days 2 & 4)

### Websites:

**Iron River School:** <https://ironriverschool.ca>

**School Cash Online:** <https://nlpsd.schoolcashonline.com>

**N.L.P.S.:** <https://www.nlpsab.ca>

**NLSD TV:** <https://www.youtube.com/user/NLSDTV>

**Transportation:** <https://nlpsab.ca/Transportation.php>

<https://www.facebook.com/Iron-River-School-518678098342885/>

# January 2019



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 NO SCHOOL ~ Winter Break	2 NO SCHOOL ~ Winter Break	3 NO SCHOOL ~ Winter Break	4 NO SCHOOL ~ Winter Break	5 NO SCHOOL ~ Winter Break
6 NO SCHOOL ~ Winter Break	7	8 Day 4  School Council / PAC Meeting 7:00 pm	9 Basketball Practice 3:30 pm  Hot Lunch Order Due 9:00 pm	10 Day 2  Sr. Basketball Game 4:00 pm	11 School Spirit Day	12
13	14 Day 4  Jr. Basketball Game 4:00 pm	15 Newsletter Day  	16 Appreciate a Dragon Day  Day 2  Basketball Practice 3:30 pm	17 Hot Lunch Day 11:39 am  Sr. Basketball Game 4:00 pm	18 NO SCHOOL ~ Family Friday	19
20	21 Day 4  Jr. Basketball Game 4:00 pm	22	23 Day 2  Basketball Practice 3:30 pm  Hot Lunch Order Due 9:00 pm	24 Sr. Basketball Game 4:00 pm	25 Day 4  Gr. 1-9 Field Trip School Spirit Day	26
27	28 Jr. Basketball Game 4:00 pm	29 Day 2  Feb. Milk Order Due 9:00 pm	30 Basketball Practice 3:30 pm	31 Day 4  Hot Lunch Day 11:39 am  AR Term 1 Ends 3:30 pm  Sr. Basketball Game 4:00 pm		

# February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Assembly School Spirit Day	2
3	4 Day 2  Jr. Basketball Game 4:00 pm	5 Newsletter Day  NLPS Pink Shirt Orders Due 9:00 pm	6 AR Celebration (100% Term 1 Goal)  Day 4  Basketball Practice 3:30 pm  School Council / PAC Mtg. 6:30 pm	7 Sr. Basketball Game 4:00 pm	8 Day 2  School Spirit Day	9
10	11 Sr. Basketball Practice 3:30 pm  Jr. Basketball Game 4:00 pm	12 Day 4  Sr. Basketball Game 4:00 pm  Hot Lunch Order Due 9:00 pm	13 NO SCHOOL ~ PD Day	14 NO SCHOOL ~ Teachers' Convention  	15 NO SCHOOL ~ Teachers' Convention	16
17	18 NO SCHOOL ~ Provincial Family Day	19 Jr. Basketball Game 4:00 pm	20 Day 2  Basketball Practice 3:30 pm	21 Hot Lunch Day 11:39 am  Sr. Basketball Game 4:00 pm	22 Day 4  School Spirit Day	23 Jr. Basketball Tournament  Sr. Basketball Wards
24	25	26 Day 2  March Milk Order Due 9:00 pm	27 Pink Shirt Day  Hot Lunch Order Due 9:00 pm	28 Day 4		

**Do you know** that if you go to the school website calendar <https://ironriverschool.ca/about/calendar>, you can add the Iron River School Calendar to your Google Calendar, subscribe to the calendar or download it to iCal? You can even add individual items to iCal! Check it out!



## Sports at Iron River School

See Mr. Blake to sign up for sport events  
and get practice info!

### Basketball:

**Practices Mon. & Wed. 3:30-5pm**

### **Upcoming Jr. Games (Gr. 4-6)**

*(Game day is Monday unless stated otherwise)*

Jan. 21: HEB 1 @ IRS

Jan. 28: HEB 2 @ IRS

Feb. 4: Frog Lake @ IRS

Feb. 11: IRS @ Dr. B 1

Tue., Feb. 19: Dr. B 2 @ IRS

Sat. Feb. 23: Final Tournament @ CLMS

### **Upcoming Sr. Games (Gr. 7-9)**

*(Game day is Thursday unless stated otherwise)*

Jan. 17: HEB 2 @ IRS

Jan. 24: IRS @ Dr. B 4

Jan. 31: HEB 1 @ IRS

Feb. 7: Dr. B 1 @ IRS

Tue., Feb. 12: Ardmore @ IRS

Feb. 21: IRS @ HEB 2

Sat. Feb. 23: Wards Tournament (B'ville)

Sat. Mar. 2: District Tournament for Ward  
winners (Cold Lake)

*Go Dragons!*



## LEARNING COMMONS NEWS



Thank you to all the students, staff,  
parents and community for support-  
ing the December Book Fair! The  
Library was able to purchase  
\$855.00 of books from Scholastic.

The winner of the Family Event  
door prize was Colton Babb and  
Mrs. Paquette of the Grade 5/6  
Class. Congratulations!

Your participation is really appreci-  
ated...it gets us new books for our  
Library!

**Stay on Track AR Goal Dates:**  
**100% by January 31**

### AR Celebration

#### **Term 1 Celebration - Feb. 6th**

Students who reach 100% of their  
individualized goal will be able to  
attend the Tubing at Kinosoo AR  
Celebration Wed., February 6th!  
Many students have already reached  
their Term 1 goal! Way to read  
Dragons!

*Mrs. Procinsky*

## Come Join Us . . . Child care will be provided!

NEW DATE  
& TIME

### P.A.C. Meeting

**WED., Feb. 6th**

**6:30-8:30 p.m.**

**JH Classroom.**

ALL interested parents are  
welcome to attend.

*See you there!*

February meeting date and time has **CHANGED** to  
Wed., Feb. 6th at 6:30 p.m. till 8:30 p.m.

***NB: the Treasurer position needs to be filled for the  
Iron River School Association. Please attend the  
February meeting if you are interested!***

Have you as a parent ever wondered what the Iron River  
School Association and the Parent Advisory Council

(PAC) are? These are two separate committees with the goal of enhancing our students' education. The **Parent Advisory Council (PAC)** deals with decision making for the school. The **Iron River School Association** deals with fundraising money for the school.

If you would like to get involved with the Iron River School Association and the Parent Advisory Council, we meet the 2nd WEDNESDAY of each month at 6:30pm. Or contact Debbie at 780-812-0969.



# PINK SHIRTS

Pink Shirt Day is February 27, 2019!  
Show your support for a bully-free school environment  
with a Northern Lights Public Schools pink shirt!



Gildan Ultra Cotton T-Shirt

100% Cotton preshrunk Jersey 10.1 oz.  
Double needle top-stitched neckline.  
Double stitched sleeve and waist hems.  
Seamless collar with taped neck and  
shoulders.



**\$ 10**

Youth Sizes XS-XL  
Adult Sizes S-5XL

For delivery to your school before Feb. 27,  
please order before Feb. 5 on School Cash Online  
<https://nlpsd.schoolcashonline.com>



Care to Learn  
**Preschool**

**Register NOW for**  
Term 2 that starts Feb. 4

*Play-Based Learning for Children Ages 3 & 4!*

Classes are Mon. and Wed. 8:30-11:30 a.m.

- Register online at [nlpsab.ca/programs/early-learning/preschool](http://nlpsab.ca/programs/early-learning/preschool)
- Government childcare subsidy is available.



## How Well Can Your Child See?

Your Optometrist Knows the Answer

The **Eye See...Eye Learn®** program is about

- Encouraging parents to get their children's eyes examined.\*
- Providing free glasses for Kindergarten students, if required;
- Maximizing your child's full learning potential; and
- Schools, optometrists, and parents working together.

To learn more about the program and to find an optometrist in  
your area, go to [www.optometrists.ab.ca](http://www.optometrists.ab.ca)

- \* Alberta Health provides eye exam coverage for children 18 years and under
- \* Check with your doctor of optometry prior to your appointment to determine if there are any additional costs.

## The Road to a Snow Day

in Northern Lights Public Schools



Parents make the final decision whether or not to take their children to school when buses are canceled.